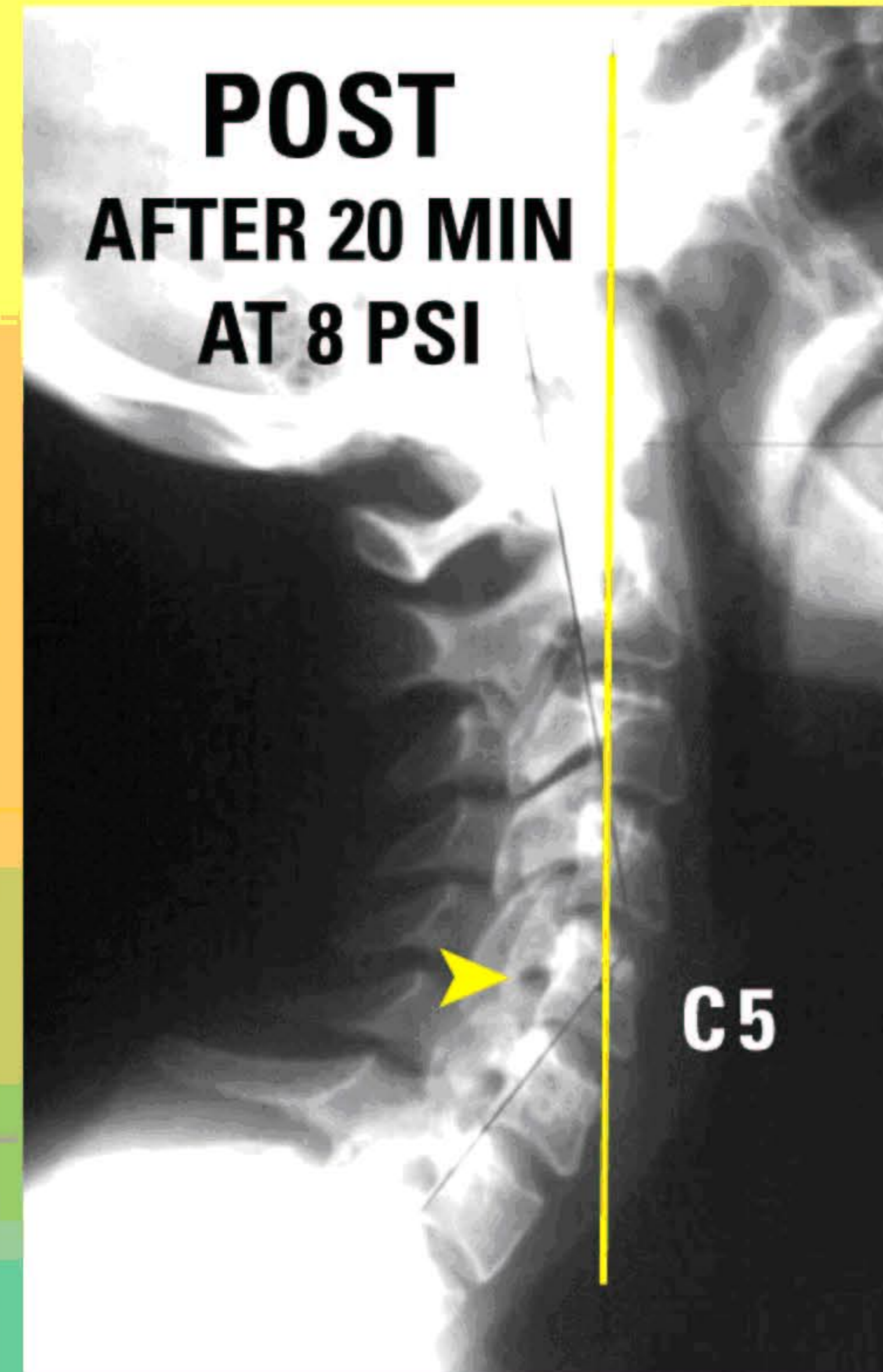
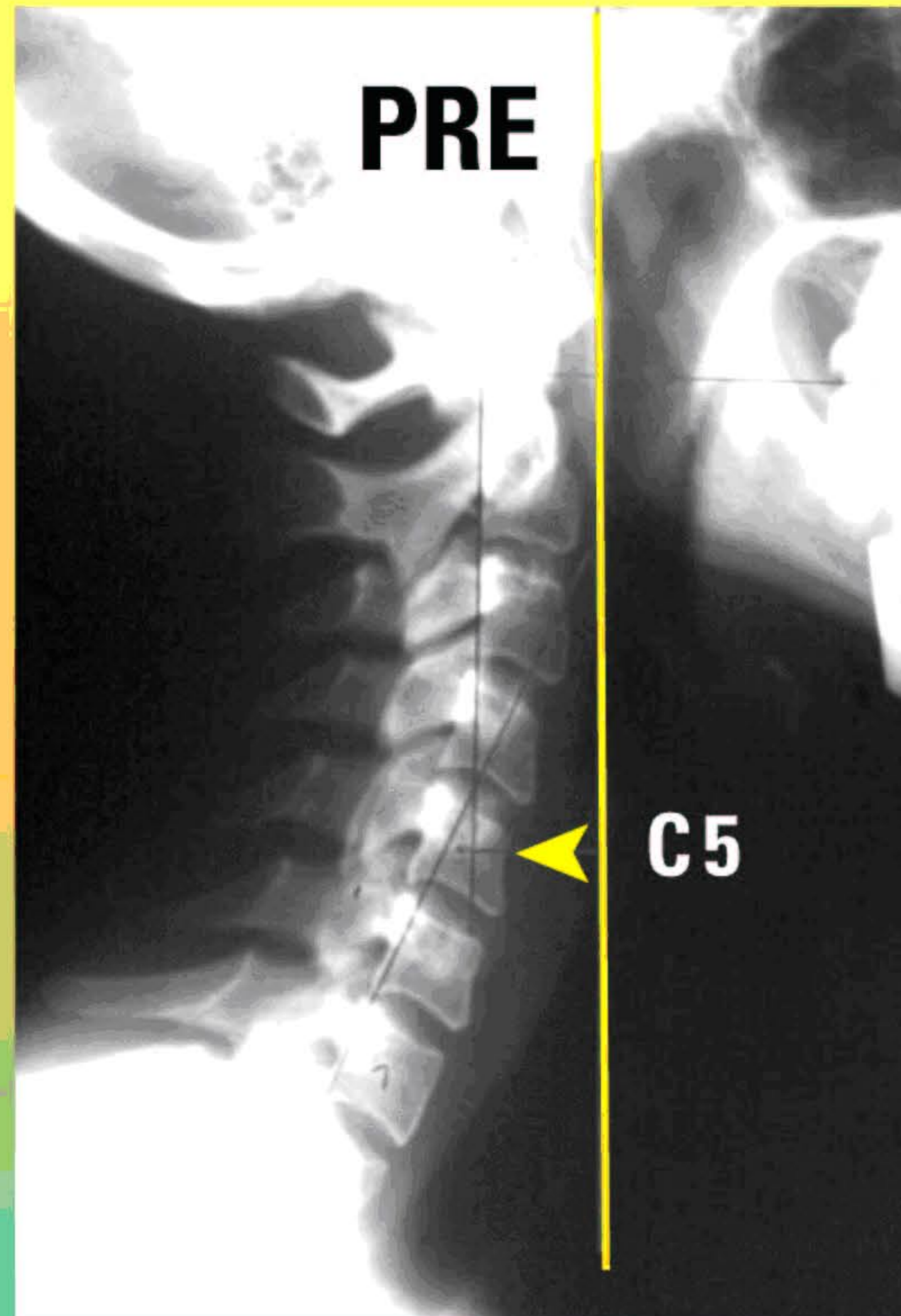


# 20 Minutes Can Save a Neck.

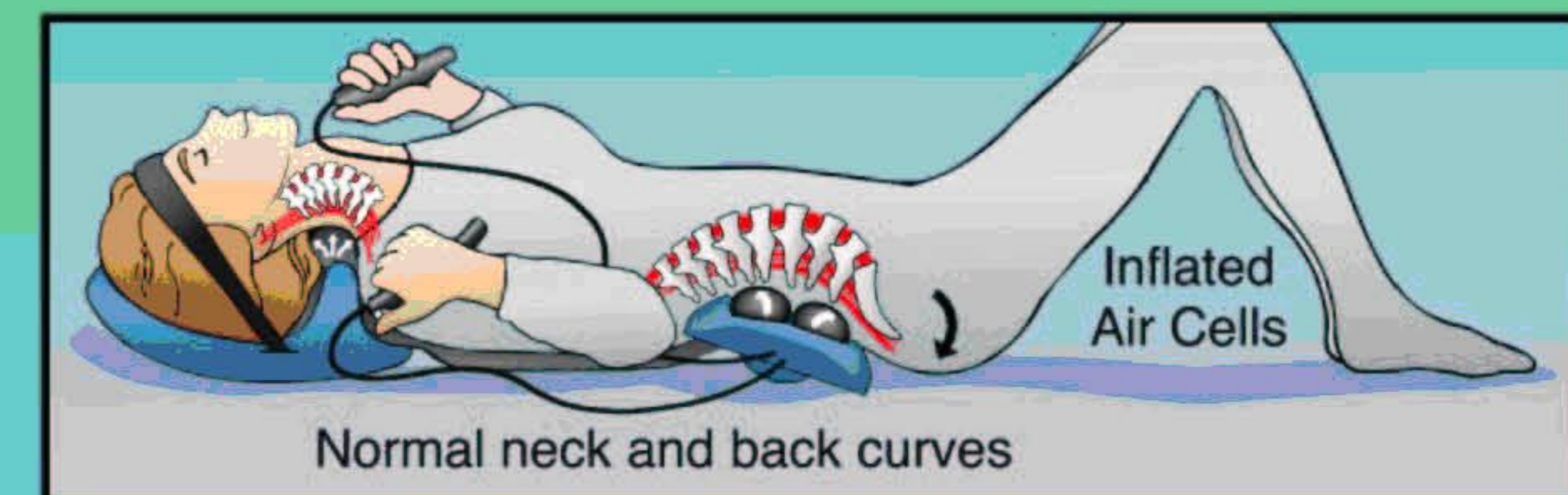
This Post X-Ray was obtained after one 20-minute session of **Expansive Ellipsoidal Decompression (EED)<sup>TM</sup>** applied from **within the lordotic concavity** by the **Posture Pump<sup>®</sup> Cervical Spine Trainer<sup>®</sup>**.

Patient R: Note the flat spot in the cervical curve at the retro C-5 vertebra (arrow). Also note the massive forward head translation demonstrated by a vertical line drawn from the skull landmark straight down. It crosses in front of the entire cervical spine. Compare with post film as this same line crosses through C-5 after only one 20-minute treatment!



Note after one 20-minute session of **Expansive Ellipsoidal Decompression (EED)<sup>TM</sup>** that C-5 (arrow) is now aligned in a uniform lordotic arc and the vertical skull line now crosses through C-5. One problem, if you constructed a vertical line up from the posterior inferior portion of T-1 you would find that the head and neck as one unit, are still somewhat anterior of the thoracic spine. If this patient will place a small pillow or pad under their thoracic spine and continue (EED)<sup>TM</sup>, the much improved skull/cervical spinal unit will begin to line up on top of the thoracic spine.

Rolled up towels, hot packs, cold packs, massage, medication, vibration, foam blocks, linear traction, vitamins, neck braces or exercise alone **won't do the trick**. But as proven above, **Expansive Ellipsoidal Decompression (EED)<sup>TM</sup>** applied from within the lordotic concavity, **can, will and does!**



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